

Erasmus+ offer: Institute of Sport, Tourism and Nutrition

Field of study: Tourism and recreation

Erasmus subject area codes:

04.4 Tourism, Catering, Hotel Management

1015 Travel, tourism and leisure

zal o = assessment for a grade

Winter semester					
Lp.	Course name	Type of course/ hours	ECTS	Form of examination	Field of study
1	Tourism Geography	Lecture/ 15; Exercise/ 15/Laboratory/ 15	6	zal o	Tourism and recreation
2	Tourist Services Management	Laboratory/ 60	7	zal o	Tourism and recreation
3	Fundamentals of Management	Lecture/ 30; Exercise /15	6	zal o	Tourism and recreation
4	Creating Local Tourist Product	Exercise /15 Laboratory/ 15	5	zal o	Tourism and recreation
5	Tour Guiding	Lecture/ 15; Exercise/ 15/Laboratory/ 15	7	zal o	Tourism and recreation

6	Physical Recreation	Exercise/30	5	zal o	Tourism and recreation
7	HR Management in Tourism	Lecture/ 15; Exercise/ 15/Laboratory/ 15	6	zal o	Tourism and recreation
8	Organization of Leisure for Children and Youth	Laboratory/ 30	5	zal o	Tourism and recreation

Summer semester					
Lp.	Course name	Type of course/ hours	ECTS	Form of examination	Field of study
1	Introduction to Art Studies	Lecture/ 20; Exercise/ 20/Laboratory/ 20	7	zal o	Tourism and recreation
2	Regional Studies	Lecture/ 15; Exercise/ 15/Laboratory/ 15	6	zal o	Tourism and recreation
3	Workshops on Tourist Route Design	Lecture / 15; Laboratory/ 15	5	zal o	Tourism and recreation
4	New Trends in Tourism	Lecture/ 15; Laboratory/ 15	5	zal o	Tourism and recreation
5	Tourism professional language	Laboratory/ 30	5	zal o	Tourism and recreation
6	Methodology of Organizing Adventure Tourism Events	Lecture/ 15; Laboratory/ 15	5	zal o	Tourism and recreation
7	Physical Games and Activities	Lecture/ 15; Laboratory/ 15	5	zal o	Tourism and recreation
8	Study Tour	Laboratory/ 55	7	zal o	Tourism and recreation

Field of Study: Physical Education, Sport Science

Erasmus subject area codes:

16 OTHER AREAS OF STUDY

16.1 Physical Education, Sport Science

1014 Sports

zal o = assessment for a grade

Winter semester					
Lp.	Course name	Type of course/ hours	ECTS	Form of examination	Field of study
1	Physics of sport	Lecture / 15; Laboratory/ 30	6	zal o	Physical Education, Sport Science
2	Human physiology	Laboratory/ 30	6	zal o	Physical Education, Sport Science
3	Swimming Theory and Methodology	Laboratory/ 30	4	zal o	Physical Education, Sport Science
4	Aqua aerobics	Laboratory/ 30	4	zal o	Physical Education, Sport Science
5	First aid	Laboratory/ 30	4	zal o	Physical Education, Sport Science
6	Sport in Politics and International Sphere	Laboratory/ 30	6	zal o	Physical Education, Sport Science
7	Sociology of sports	Exercise/ 15	6	zal o	Physical Education, Sport Science

8	Theory and methodology of gymnastics	Laboratory/ 30	4	zal o	Physical Education, Sport Science
9	Functional training	Laboratory/ 30	4	zal o	Physical Education, Sport Science

Summer semester					
Lp.	Course name	Type of course/ hours	ECTS	Form of examination	Field of study
1	Biomechanics of sport	Lecture / 15; Laboratory/ 30	6	zal o	Physical Education, Sport Science
2	Human physiology	Laboratory/ 30	6	zal o	Physical Education, Sport Science
3	Swimming Theory and Methodology	Laboratory/ 30	4	zal o	Physical Education, Sport Science
4	Health gymnastics	Laboratory/ 30	4	zal o	Physical Education, Sport Science
5	Strength training	Laboratory/ 30	4	zal o	Physical Education, Sport Science
6	Psychology	Lecture / 15; Exercise / 30	6	zal o	Physical Education, Sport Science
7	Pedagogy	Lecture / 15; Exercise / 30	6	zal o	Physical Education, Sport Science
8	Special physical education	Laboratory/ 30	4	zal o	Physical Education, Sport Science
9	Theory and methodology of gymnastics	Laboratory/ 30	4	zal o	Physical Education, Sport Science

Field of study: Human Nutrition and Diet Therapy

Erasmus subject area codes:

0510 Biological and related sciences not further defined

0519 Biological and related sciences not elsewhere classified: Food Technology and Nutrition: - Human Nutrition and Diet Therapy

zal o = assessment for a grade

Winter semester					
Lp.	Course name	Type of course/ hours	ECTS	Form of examination	Field of study
1	Biologically active compounds in food	Lecture / 15; Laboratory/ 30	6	zal o	Human nutrition and diet therapy
2	Characteristics of individual food product groups	Lecture / 15; Laboratory/ 30	6	zal o	Human nutrition and diet therapy
3	Mass catering	Lecture / 30;	5	zal o	Human nutrition and diet therapy
4	Food microbiology	Lecture / 15; Laboratory/ 30	6	zal o	Human nutrition and diet therapy
5	Profilactic effect of the diet	Lecture / 30;	5	zal o	Human nutrition and diet therapy
6	Genetically modified foods	Lecture / 15;	4	zal o	Human nutrition and diet therapy
7	Nutrition in selected diet-related diseases	Lecture / 15; Exercise / 30	6	zal o	Human nutrition and diet therapy
8	Reduction and alternative diets	Lecture / 15	4	zal o	Human nutrition and diet therapy

Summer semester

Lp.	Course name	Type of course/ hours	ECTS	Form of examination	Field of study
1	Human nutrition in ontogeny	Lecture / 15; Laboratory/ 30	6	zal o	Human nutrition and diet therapy
2	Fundamentals of Food Hygiene and Toxicology	Lecture / 15; Laboratory/ 30	6	zal o	Human nutrition and diet therapy
3	Food Production Safety and Quality Management Systems	Lecture / 15;	4	zal o	Human nutrition and diet therapy
4	Nutrition education and promotion of healthy eating	Lecture / 30;	5	zal o	Human nutrition and diet therapy
5	Basics of psychodietetics	Lecture / 30;	5	zal o	Human nutrition and diet therapy
6	Food production technology	Lecture / 15; Laboratory/ 30	6	zal o	Human nutrition and diet therapy
7	Food additives	Lecture / 30;	5	zal o	Human nutrition and diet therapy
8	Organization of mass catering establishments	Exercise / 30;	6	zal o	Human nutrition and diet therapy